Six Ways Jesus Fought Depression by John Piper, Solid Joys, desiringGod.org

And taking with him Peter and the two sons of Zebedee, he began to be sorrowful and troubled. (Matthew 26:37)

The Bible gives us an amazing glimpse into the soul of Jesus the night before he was crucified. Watch and learn from the way Jesus fought his strategic battle against despondency or depression.

- 1. He chose some close friends to be with him. "Taking with him Peter and the two sons of Zebedee" (Matthew 26:37).
- 2. He opened his soul to them. He said to them, "My soul is very sorrowful, even to death" (Matthew 26:38).
- 3. He asked for their intercession and partnership in the battle. "Remain here, and watch with me" (Matthew 26:38).
- 4. He poured out his heart to his Father in prayer. "My Father, if it be possible, let this cup pass from me" (Matthew 26:39).
- 5. He rested his soul in the sovereign wisdom of God. "Nevertheless, not as I will, but as you will" (Matthew 26:39).
- 6. He fixed his eye on the glorious future grace that awaited him on the other side

of the cross. "For the joy that was set before him [he] endured the cross, despising the shame, and is seated at the right hand of the throne of God" (Hebrews 12:2).

When something drops into your life that seems to threaten your future, remember this: The first shock waves of the bomb in your heart, like the ones Jesus felt in Gethsemane, are not sin. The real danger is yielding to them. Giving in. Putting up no spiritual fight. And the root of that sinful surrender is unbelief — a failure to fight for faith in future grace. A failure to cherish all that God promises to be for us in Jesus.

In Gethsemane Jesus shows us another way. Not painless, and not passive. Follow him. Find your trusted spiritual friends. Open your soul to them. Ask them to watch with you and pray. Pour out your soul to the Father. Rest in the sovereign wisdom of God. And fix your eyes on the joy set before you in the precious and magnificent promises of God.



TODAY New Deacon Installation 7/19 7th-9th Bible Study 7 PM 7/22 Salvador Gomez preaching AM 7/24-27 Family Conference 8/4 Emmanuel Church Anniversary Picnic 4-8 PM Give

Upcoming Events



Pastors

Gary Hendrix Stephen Byrd
Charles Fortner Robert Fisher
Stu Johnston Bob Prentice
Andy Dunkerton Michael Lopes

Service Times

- -Sunday School 9:30 am
- -Sunday Morning Worship 11:00 am
- -Sunday Evening Worship 5:30 pm
- -Wednesday Prayer Meeting 7:15 pm

919-563-9249 www.grbc.net



Morning Worship

Pastor Michael Lopes Call to Worship Opening Hymn We Will Glorify

We will glorify the King of kings, we will glorify the Lamb; We will alorify the Lord of lords, who is the great I Am.

Lord Jehovah reigns in maiesty, we will bow before His throne: We will worship Him in righteousness, we will worship Him alone.

He is Lord of heaven, Lord of earth, He is Lord of all who live; He is Lord above the universe, all praise to Him we give.

Hallelujah to the King of kings, hallelujah to the Lamb; Halleluiah to the Lord of lords, who is the great I Am.

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God Undefeatable

1. Behold the King who conquered and overcame our sin. Behold our alorious Victor whose mercy knows no end. He is true, He is right, death is broken, He is alive.

(Chorus)

God undefeatable, Kingdom unshakeable; in majesty and power You reian.

Love undeniable, matchless and bountiful: to waken us to life You came. You came.

2. And now our way is certain, our souls in You secure through every pain and struggle Your victory endures.

For You are true, and You are right, death is broken, and You are alive. (Chorus) (Bridge)

The love of God is greater than we dare to hope or dream.

The hold of God is stronger than we dare to hope or dream. (Chorus)

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Scripture Reading John 8:12-30, page 894

Pastoral Praver

Offertory #544 How Sweet the Name

Preparatory Behold Our God

1. Who has held the oceans in His hands? Who has numbered every grain of sand?

Kings and nations tremble at His voice, all creation rises to rejoice.

(Chorus)

Behold our God, seated on His throne. Come, let us adore Him. Behold our King, nothing can compare. Come, let us adore Him!

2. Who has given counsel to the Lord? Who can guestion any of His words? Who can teach the One who knows all things? Who can fathom all His wondrous deeds?

(Chorus)

3. Who has felt the nails upon His hands, bearing all the guilt of sinful man? God eternal, humbled to the grave. Jesus, Savior, risen now to reign! (Chorus)

Bridge

(male voices)

You will reign forever

(female voices)

Let Your glory fill the earth

You will reign forever

Let Your glory fill the earth

You will reign forever

Let Your glory fill the earth

You will reign forever

Let Your glory fill....

(Chorus)

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Sermon

Pastor Gary Hendrix

Evening Worship

Call to Worship Opening Hymn

Pastor Stephen Byrd You are Mv All in All

You are my strength when I am weak; You are the treasure that I seek.

You are my all in all.

Seeking You as a precious jewel; Lord, to give up, I'd be a fool.

You are my all in all.

(Chorus) Jesus, Lamb of God, worthy is Your name. Jesus, Lamb of God, worthy is Your name.

Taking my sin, my cross, my shame: rising again, I bless Your name.

You are my all in all.

When I fall down You pick me up; when I am dry you fill my cup.

You are my all in all. (Chorus)

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Scripture Reading

Acts 6:1-15, page 914

Pastoral Praver

Offertory **Knowing You**

All I once held dear, built my life upon, all this world reveres and wars to own; All I once thought gain I have counted loss, spent and worthless now compared

(Refrain) Knowing You, Jesus, knowing You, there is no greater thing. You're my all, You're the best, You're my joy, my righteousness, and I love You. Lord.

Now my heart's desire is to know You more, to be found in You and known as Yours.

To possess by faith what I could not earn, all-surpassing gift of righteousness.

(Refrain)

Oh, to know the power of Your risen life and to know You in Your sufferings; To become like You in Your death, my Lord, so with You to live and never die. (Refrain 2x)

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Preparatory Sermon

#280 I Love Thy Kingdom Lord Pastor Stu Johnston